



SRI MALLIKARJUN VIDYA VARDHAK SANGH
SMT RAJESHWARI KARPURMATH MEMORIAL (R.K.M) AYURVED
MEDICAL COLLEGE HOSPITAL, & RESEARCH CENTRE,
VIJAYAPUR

DATE:11/07/2024

Circular For Co-Curricular and Extra-Curricular

Subject: Regarding Co-Curricular and Extra-Curricular Activities

Dear Students /Staff,

We are excited to announce the commencement of various co-curricular and extra-curricular activities at Institutional level for academic year 2024/2025. These activities are designed to provide students with opportunities to explore their interests, enhance their talents, and develop skills that go beyond the regular curriculum.

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**SMT RAJESHWARI KARPURMATH MEMORIAL (R.K.M) AYURVED
MEDICAL COLLEGE HOSPITAL, & RESEARCH CENTRE,
VIJAYAPUR**

DATE:13/07/2024

Objectives For Co-Curricular and Extra-Curricular

1. Objectives:

To offer students a platform for creative expression and personal growth.

To foster teamwork, leadership, and social interaction.

To support the physical, emotional, and mental well-being of students.

To encourage overall personality development and academic excellence.

2. Types of Activities:

Co-Curricular Activities: These include activities that complement academic learning, such as debates, quizzes, science exhibitions, workshops, student clubs, and educational trips.

Extra-Curricular Activities: These activities offer students opportunities to engage in interests outside of academics, such as sports, music, dance, drama, art, cultural performances, and social service programs.

3. Participation:

All students are strongly encouraged to participate in the activities as per their interests.

A detailed schedule and registration form for each activity will be made available through the college office and college website/portal.

Students must adhere to the timelines for sign-ups and practice sessions.

4. Benefits of Participation:

Enhances creativity and innovative thinking.

Promotes physical fitness, mental resilience, and self-confidence.

Develops communication, leadership, and organizational skills.

Encourages a sense of discipline, responsibility, and time management.

5. Responsibilities:

Students must attend scheduled practices, rehearsals, and events on time.

Parents are encouraged to provide the necessary support and ensure the active participation of their children.

Teachers and coordinators will guide the students and ensure their involvement in the chosen activities.

6. Important Information:

The activities will commence from continue through out the year.

For any further queries, please feel free to reach out to Department

We are confident that these activities will contribute to the overall growth of our students and create an enriching college experience for all.


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**SMT R.K.JESHWARI KARPURMATH MEMORIAL (R.K.M) AYURVED
MEDICAL COLLEGE HOSPITAL, & RESEARCH CENTRE,
VIJAYAPUR**

DATE:15/07/2024

Co-curricular and Extracurricular Activities:

1. Co-curricular Activities:

These are activities that complement the academic curriculum and are usually college level. They support the educational experience and help develop skills in areas such as leadership, teamwork, creativity, and problem-solving.

Examples include: debate clubs, music and drama, art clubs, science fairs, student government, and language clubs.

Co-curricular activities are often encouraged in schools as they help in the holistic development of students, balancing academic and non-academic skills.

2. Extracurricular Activities:

These are activities that are outside the formal curriculum and generally not related to the academic syllabus. They are voluntary and typically take place outside regular college hours.

Examples include: sports teams, community service, internships, volunteer work, dance classes, and joining hobby clubs like photography or gardening.

Extra curricular activities are important for personal growth, building social skills, and fostering interests that may not be covered in academic studies.

Physical Education Policies:

Physical education (PE) policies are designed to ensure that students engage in physical activities that promote physical fitness, health, and well-being. Key aspects of PE policies generally include:

1. Curriculum Requirements:

Schools may set a curriculum that mandates a certain amount of physical activity per week for students.

The curriculum typically covers various sports, fitness activities, and promotes an understanding of healthy lifestyles, including nutrition and mental health.

2. Health and Safety Standards:

Policies emphasize the importance of safety during physical activities, which may include wearing appropriate gear, following safety protocols, and having first aid available.

Certain activities may be regulated based on age groups to ensure that students participate in age-appropriate exercises to prevent injury.

3. Inclusivity:

PE policies ensure that physical activities are inclusive, offering opportunities for students of all abilities to participate. Adaptations may be made for students with physical or learning disabilities to ensure everyone can engage meaningfully.

4. Assessment and Evaluation:

Students may be assessed on their physical fitness, participation, and improvement in PE classes.

Evaluation could also include students' teamwork skills, leadership abilities, and perseverance during activities.

5. Promotion of Lifelong Fitness:

Physical education policies often aim to encourage lifelong habits of physical activity by teaching students the importance of exercise, proper nutrition, and mental well-being.

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DATE:15/07/2024

Co-Curricular & Extra-Curricular Members

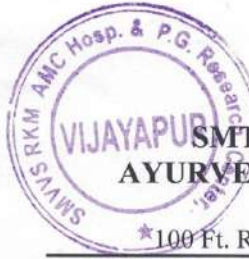
SL/NO	Name of the Faculty	Designation	Signature
1	DR. Sadanand Jigajnni	Chairman	
2	Dr.S B Hiremath	Co-ordinator	
3	Dr.M N Rudragouder	Physical Eductional Co-ordinator	
4	Dr.H A Pathan	Member	
5	M S Athani	Member	
6	Omkar	Student Member	
7	Yogesh	Student Member	
8	Kanchana	Student Member	
9	Pranjali	Student Member	
10	Achal	Student Member	


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AYURVED MEDICAL COLLEGE HOSPITAL & RESEARCH
CENTRE

★ 100 Ft. RING ROAD, BEHIND K.C. NAGAR VIJAYAPURA – 586 101

Ph:(08352) 655677 E-mail rkmamc@gmail.com

Date:18/02/2025

Minutes of Meeting of Co-Curriculum & Extra-Curricular committee on
conducting sports and cultural activities

Agenda

1. Conducting Sports Activities

- Discussion on the upcoming sports events, including inter-college tournaments and intra-college competitions.
- Allocation of budget for sports equipment, venue rental, and other expenses.

2. Conducting Cultural Activities

- Discussion on the upcoming cultural events, including music, dance, and drama competitions.
- Allocation of budget for cultural events, including equipment rental, venue decoration, and other expenses.

Decisions

1. The committee decided to conduct a sports festival in the month of 21/04/2025
2. The committee decided to conduct a cultural festival in the month of 21/04/2025
3. The committee decided to collaborate with student clubs and societies to promote co-curricular and extra-curricular activities



1. Sports Officer: To finalize the schedule and venue for the sports festival.
2. Cultural Coordinator: To finalize the schedule and venue for the cultural festival.
3. Student Representative: To coordinate with student clubs and societies to promote co-curricular and extra-curricular activities.
4. The committee will review the progress of the sports and cultural festivals at the next meeting.


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**SHREE RAJESHWARI KARPURMATH MEMORIAL (R.K.M) AYURVED
MEDICAL COLLEGE HOSPITAL, & RESEARCH CENTRE,
VIJAYAPUR**

DATE:28/10/2025

**Co-Curriculum & Extra-Curricular Committee On Conducting Sports
And Cultural Activities**

SL/NO	Name of the Faculty	Designation	Signature
1	DR. Sadanand Jigajnni	Chairman	
2	Dr. S B Hiremath	Co-Ordinator	
3	Dr.M N Rudragoudar	Physical Eductional Co-Ordinator	
4	Dr.H A Pathan	Member	
5	M S Athani	Member	
6	Omkar Kuare	Student Member	
7	Yogesh Dudhale	Student Member	

28/10/2025
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